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*Pastor placed us on seven-day fast, prayer to make police free my brother –Sister of Akwa Ibom motorcyclist detained since March*

ANIL UZUN is a long-time traveller and a climate warrior that has been travelling around ... bike in his home country, and the journey will begin on August 1. "I am taking a cycling tour on my ...

*ANIL UZUN Sets off on a Turkey Tour on a Solar-Powered Bike to Raise Awareness on Upcoming Drought*

The string of wars in the Middle East have cost thousands of lives and countless resources. When will they end?

*Who Authorized America's Endless Wars?*

We interviewed John Wakefield, a performance coordinator for UAE Team Emirates, who are currently leading the 2021 Tour de France.

*Insider: 10 Questions for a UAE Team Emirates Tour de France Performance Coach*

So I thought my bike was really nice," he smiles. He was soon in a sports club and spent time away from Capricorn in the extended summer holidays during the 2010 World Cup in South Africa.

*From gangs and guns to Tour de France for South Africa's Dlamini*

The stage itself was an exciting affair as once the celebratory procession into Paris was complete, the peloton raced over 9 exhilarating laps around the Champs-Elysee ...

*A fighting finish from Team Qhubeka NextHash on Mandela Day, at Le Tour de France*

I know how difficult it can be, I have a podcast of my ... around freely when discussing the Migration Gravel Race; not only could the event launch an aspiring professional cyclist from East ...

*Ian Boswell on the Migration Gravel Race: 'It's so much more than a bike race'*

When kids take risks they learn how to bounce back from feeling fear and frustration. When my son Marty was about 5 years old, I used to say, "Be careful!" a lot. When Marty jumped off the stairs, I ...

*Psychology Today*

Good Counsel graduate Uche Eke will be the first gymnast from his father's home country of Nigeria to compete in the Olympics this summer in Tokyo.

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