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Health Psychology Fourth Edition

Product description. Synopsis. 'This fourth edition incorporates a number of substantive new topics, including a new chapter on women's health, as well as opportunities for the reader to critically examine key conceptual and methodological issues within each chapter. It remains clearly written and highly accessible and still deserves its place as the number one choice of health psychology textbook' - John Weinman, King's College, London.

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An Introduction to Health Psychology, second edition provides a stimulating and thorough introduction to the field, helping you to understand how biology, behavior, and social context influence health and illness. The text builds on the success of the first edition and has been thoroughly revised to incorporate the latest research findings including expanded coverage on topics such as death ...

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Health Psychology Fourth Edition

Fourth Edition. Health Psychology: Well-Being in a Diverse World introduces students to the main topics and issues in health psychology through a unique perspective focused on diversity.

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The SAGE edge site for Health Psychology, 4th Edition by Regan A. R. Gurung offers a robust online environment you can access anytime, anywhere, and features an impressive array of free tools and resources to keep you on the cutting edge of your learning experience. Health Psychology: Well-Being in a Diverse World introduces students to the main topics and issues in health psychology through a unique perspective focused on diversity.

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Health Psychology, 5th edition is essential reading for all students and researchers of health psychology. It will also be invaluable to students of medicine, nursing and allied health. Jane Ogden writes in an uncomplicated manner but without doing injustice to the complexities of the theories and research being described. ...

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In addition to five previous editions of this book, David has published 25 books including: The Psychology of the Psychic (1980, with R. Kammann), Theories of Image Formation (1986), Imagery: Current Developments (1990, with J.T.E. Richardson and P. Hampson), The Quit For Life Programme: An Easier Way to Stop Smoking and Not Start Again (1993), Improving the Health of the Nation (1996, with C ...

Health Psychology: Theory, Research and Practice: Amazon ...

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Health Psychology: Well-Being in a Diverse World introduces students to the main topics and issues in health psychology through a unique perspective focused on diversity. Using a conversational tone, author Regan A. R. Gurung explores the key determinants of behavior—such as family, environment, ethnicity, and religion—and connects concepts to personal experiences for students to gain a deeper understanding and appreciation of the material. Extensively updated based on over 1,000 new articles cited, and with a new chapter on research methods, the Fourth Edition reflects the latest cutting-edge research in the field to explain more thoroughly how context and culture are important predictors of healthy behavior. .

An Introduction to Health Psychology, second edition provides a stimulating and thorough introduction to the field, helping you to understand how biology, behavior, and social context influence health and illness. The text builds on the success of the first edition and has been thoroughly revised to incorporate the latest research findings including expanded coverage on topics such as death, dying and loss, ageing and lifespan and positive psychology. Substantially revised chapters include 'The Body in Health and Illness' and 'Pain'. Chapters include valuable pedagogical features such as 'What do YOU think?' boxes, issues boxes, examples of illnesses, new case studies, greater inclusion of cross-cultural issues and policy information, and recommended readings. The text is supported by a companion website which has been significantly extended, and is an invaluable resource which provides you with a useful self-testing facility, flash cards to aid revision and up-to-date weblinks; the website can be accessed by visiting: www.pearsoned.co.uk/morrison An Introduction to Health Psychology, second edition is ideal for students taking a module in health psychology or studying in related fields such as health and social care or nursing.

Rick Straub's focus on the biopsychosocial model, gender/lifespan/culture perspectives, and real world applications makes Health Psychology a riveting and culturally-enriched educational experience for students. This redesigned new edition has been carefully and extensively updated, enhanced by Straub's meticulous revision process and feedback from instructors and students. With more emphasis on positive health, the new edition examines information from biological, psychological, and social aspects of health offering students a balanced perspective that can help inform their future health decisions in real life.

For over 20 years, HEALTH PSYCHOLOGY: AN INTRODUCTION TO BEHAVIOR AND HEALTH has remained a leader in the field of health psychology for its scholarship, strong and current research base, and balanced coverage of the cognitive, behavioral, and biological approaches to health psychology. Accessible and appealing to a wide-range of readers, this classic book features a concise writing style, ample pedagogy, and numerous visuals to support your learning and understanding. The Eighth Edition is updated to reflect the latest developments in the field, and includes many new real-world examples selected for their interest and relevance. Available with InfoTrac Student Collections <http://goengage.com/infotrac>. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

“This book was an absolute joy to read and offers a comprehensive review of health psychology.... This book should become a classic - necessary reading for students in all branches of health. Nursing students will find it invaluable, but other students - and their teachers - will also find it very useful. SAGE have added a valuable and important text to their already impressive list, and Marks can be complimented on his scholarly organisation of complex topics into an accessible and readable whole. No library should be without it and serious students should invest in a copy of their own” - Health Matters The Health Psychology Reader is designed to complement and support the recent textbook Health Psychology: Theory, Research and Practice by David F Marks, Michael Murray, Brian Evans and Carla Willig (SAGE, 2000). It can also be used as a stand-alone resource given its didactic nature. The Reader explores key topics within the health psychology field with incisive introductions to each section by the editor and includes a selection of the most important theoretical and empirical published work. The Reader is organized into the following parts: Part 1: Health Psychology's development, definition and context Part 2: Theories in health psychology Part 3: Health behaviour and experience Part 4: Beliefs, explanations and communication Part 5: Critical approaches to health psychology In each of these areas the editor has written introductory sections which highlight the key issues, questions and problems. These are summarized in Boxes, which condense into a few words the essential features of each topic. The Health Psychology Reader will be invaluable reading to all students in Health Psychology, either at undergraduate or postgraduate level.

“This fourth edition incorporates a number of substantive new topics, including a new chapter on women's health, as well as opportunities for the reader to critically examine key conceptual and methodological issues within each chapter. It remains clearly written and highly accessible and still deserves its place as the number one choice of health psychology textbook.” John Weinman, King's College, London The market leading textbook in the field, Health Psychology by Jane Ogden is essential reading for all students and researchers of health psychology. It will also be invaluable to students of medicine, nursing and allied health. Retaining the breadth of coverage, clarity and relevance that has made it a favourite with students and lecturers, this fourth edition has been thoroughly revised and updated. New Features: New chapter on women's health issues, exploring recent research into pregnancy, miscarriage, birth, menopause and related areas New "Problems" boxes analyse health psychology research and identify the shortcomings and limitations of research in the area Updated "Focus on Research" examples introduce you to contemporary topics and emerging areas for research in health psychology, including exercise, smoking and pain. The new edition includes new data, graphs and further reading plus suggestions about where you can access the most recent publications and other data Revised end-of-chapter review questions Online Learning Centre: www.openup.co.uk/ogden. The OLC hosts web links and multiple choice questions for students, plus supporting teaching resources including teaching tips and PowerPoint presentations for lecturers. Interested in accessing more research readings? Essential Readings in Health Psychology by Jane Ogden is a new collection of key papers brought together for the first time in one volume which complements Health Psychology: A Textbook 4/e and offers more detailed accounts of the issues covered in this text.

What psychological and environmental forces have an impact on health? How does behavior contribute to wellness or illness? This comprehensive volume answers these questions and others with a state-of-the-art overview of theory, research, and practice at the interface of psychology and health. Leading experts from multiple disciplines explore how health and health behaviors are shaped by a wide range of psychological processes and social-environmental factors. The book describes exemplary applications in the prevention and clinical management of today's most pressing health risks and diseases, including coronary heart disease, depression, diabetes, cancer, chronic pain, obesity, sleep disturbances, and smoking. Featuring succinct, accessible chapters on critical concepts and contemporary issues, the Handbook integrates psychological perspectives with cutting-edge work in preventive medicine, epidemiology, public health, genetics, nursing, and the social sciences.

The Psychology of Health and Health Care: A Canadian Perspective, 3Ce is a valuable resource for Canadian students, instructors and practitioners of psychology, nursing, medicine, public health and epidemiology. This all-Canadian text introduces the field of health psychology and explains how psychological concepts can be applied to health care delivery in Canada. A new chapter on the Systems of the Body brings a more biological focus to the text, while real-life examples bring immediacy and increased understanding to students. The chapter on health and the internet has been condensed to become a focused module, suitable for class discussion and assignments. The text is refreshed with a new more pleasing two-colour format, and brought up-to-date with updated research and literature with a focus on the Canadian perspective in healthcare. With new information on the privatization of health care, self-accountability, and an expanded section on the feminization of medicine, this text is more current and focused than ever before on the state of healthcare in Canada.

TRY (FREE for 14 days), OR RENT this title: www.wileystudentchoice.com Introduction to Clinical Psychology: An Evidence-Based Approach 4ce by University of Ottawa authors Catherine M. Lee and John Hunsley introduces students to the theories and practices of clinical psychology and conveys the important work done by clinical psychologists. This text is designed to be helpful not only to those who will go on to careers in clinical psychology, but also to those who will choose other career paths.

A text to convey the increasingly sophistication and complexity of the connection between the mind and the body.

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